PLANT FACT SHEET

Vitex rotundifolia L.f.

GENUS *Vitex* **FAMILY** Lamiaceae

COMMON NAMES Beach vitex, Creeping vitex

EDIBLE PARTS AND USES

Edible parts: Leaves - also as medicine

DESCRIPTION

A low woody shrub. It grows 10-40 cm high. The branches can be several metres long. It can spread 10-20 m across. The stems form roots at the nodes. The leaves usually have 1 leaflet but can have more. The leaves are broadly oval. The fruit are round and fleshy. They are green and turn black when ripe.

HABITAT

It is a tropical plant. It grows on dunes along beaches. It is tolerant to salt and drought.

REFERENCES

Jackes, B. R., 2010, Plants of Magnetic Island. 3rd Edition. James Cook University, Australia. p 76

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3d375d78-4dcb-4d55-a909-3e7d617cd955