PLANT FACT SHEET

Arisaema elephas Buchet

GENUS *Arisaema* **FAMILY** Araceae

COMMON NAMES Elephant cobra lily

EDIBLE PARTS AND USES

Edible parts: Roots, Leaves

The roots are boiled in water.
The leaves are eaten raw.

DESCRIPTION

The plant has one leaf that has 3 leaflets. This is carried on a 20-30 cm long stalk. The hood or spathe is purple with white stripes.

HABITAT

In Yunnan. It grows between 1,800-4,000 m above sea level.

REFERENCES

Geng, Y., et al, 2016, Traditional knowledge and its transmission of wild edibles used by the Naxi in Baidi Village, northwest Yunnan province. Journal of Ethnobiology and Ethnomedicine. 12:10

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3d53b7b1-31e7-4a87-a3c0-133d90241a07