PLANT FACT SHEET

Cadaba glandulosa Forssk.

GENUS *Cadaba* **FAMILY** Capparaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - drink

The leaves are cooked to make a drink.

DESCRIPTION

A shrub. It grows 0.3-1.5 m tall. The young twigs are hairy. The leaves are alternate and oval. They are 1.2-2.2 cm long by 0.9-2 cm wide. There are a few flowers in a group.

HABITAT

It is a tropical plant. It grows up to 1,100 m above sea level. It suits the seasonally dry tropics.

NOTES

Medicine - It has anti-inflammatory flavonoids.
The leaves have anti-viral properties.

REFERENCES

Hahn, K., et al, 2018, The use of wild plants for food: a national scale analysis for Burkina Faso (West Africa). FVSS FoodPlants Supplement

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3d57c52d-87ad-487f-8780-cb2630d3029c