PLANT FACT SHEET

Pseudoturritis turrita (L.) Al-Shehbaz

GENUS *Pseudoturritis* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Shoots

The leaves are shoots are cooked.

DESCRIPTION

A herb. It grows 20-80 cm tall.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Geraci, A., et al, 2018, The wild taxa utilized as vegetables in Sicily (Italy): a traditional component of the Mediterranean diet. Journal of Ethnobiology and Ethnomedicine (2018) 14:14 (As Arabis turrita)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3da7a63e-044a-4056-bbcf-e4b94ace4fe9