PLANT FACT SHEET

Angiopteris fokiensis Hieron.

GENUS *Angiopteris* **FAMILY** Marattiaceae

EDIBLE PARTS AND USES

Edible parts: Rhizome - starch, Root

The starch in the rhizomes is used for cakes or mixed with other foods.
The tuber is also used for brewing liquor.

DESCRIPTION

A fern. The fronds are 2-4 m long.

HABITAT

It is a tropical and subtropical plant. In southern China it grows in broad-leaved forests between 400-1,600 m above sea level. In XTBG Yunnan.

NOTES

Also put in the family Angiopteridaceae.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3dc0b49d-2110-4663-8c9f-eaa2601fb4a6