PLANT FACT SHEET

# *Callicarpa vestita* Wall.

**GENUS** *Callicarpa* **FAMILY** Lamiaceae

## EDIBLE PARTS AND USES

**Edible parts:** Bark - masticatory, Root - masticatory

The bark and roots are chewed as a substitute for betel nut.

## DESCRIPTION

A small tree. The stems are dark brown. The young shoots have a brown covering. The leaves are oval and taper to the tip. They have fine silky hairs underneath. The base is rounded or heart shaped. The flowers are pink.

## HABITAT

It is a subtropical plant.

## NOTES

Previously in the Verbenaceae family.

## REFERENCES


Lim, T. K., 2015, Edible Medicinal and Non Medicinal Plants. Volume 9, Modified Stems, Roots, Bulbs. Springer p 20

Murtem, G. & Chaudhrey, P., 2016, An ethnobotanical note on wild edible plants of Upper Eastern Himalaya, India. Brazilian Journal of Biological Sciences, 2016, v. 3, no. 5, p. 63-81

Patiri, B. & Borah, A., 2007, Wild Edible Plants of Assam. Geethaki Publishers. p 98



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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/3dd955c7-9c2d-4116-a087-74978551bb80