PLANT FACT SHEET

Andryala rothia Pers.

GENUS *Andryala* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Stems, Leaves

The young tender stems are eaten raw as a snack.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Blanco-Salas, J., et al, 2019, Wild Plants Potentially Used in Human Food in the Protected Area "Sierra Grande de Hornachos" of Extremadura (Spain). Sustainability 2019, 11, 456 (As Andryala laxiflora)

Tardio, J., et al, 2006, Ethnobotanical review of wild edible plants in Spain. Botanical J. Linnean Soc. 152 (2006), 27-71 (As Andryala laxiflora)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3e0737b2-6847-481c-b4d6-37c06080d558