PLANT FACT SHEET

# *Garcinia aristata* (Griseb.) Borhidi

**GENUS** *Garcinia* **FAMILY** Clusiaceae

**COMMON NAMES** Cuban mangosteen

## EDIBLE PARTS AND USES

**Edible parts:** Fruit

The fruit is eaten fresh.

## DESCRIPTION

A small tree. The leaves are dark and glossy with a hard spiny tip. The fruit are small and yellow. They have a white slightly sweet pulp. There are 1 or 2 large seeds.

## HABITAT

A tropical plant. It is cold hardy down to 0°C. It can tolerate salty conditions. It suits lime soils.

## PRODUCTION

### Cultivation

Plants can be grown from seeds.

### Harvesting and Seed Production

It is slow growing.

## NOTES

Many Reedia has an edible aril or fleshy layer around the seeds.

## PICTURES



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)

## REFERENCES


Cat. pl. Cub. 38. 1866

Huxley, A., ed. 1992. The new Royal Horticultural Society dictionary of gardening

McLaughlin, J., Woody and Herbaceus Plants Native to Haiti. University of Florida. p 8

www.crfg.org/fg/xref/xref-r.html#rheedia_aristata (As Rheedia aristata)



**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International



**LICENCE** CC BY-NC-SA 3.0


**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/3e0859f2-4bea-446b-87be-a4ba951c5da3