PLANT FACT SHEET

Corylus maxima Mill.

GENUS *Corylus* **FAMILY** Betulaceae

COMMON NAMES Filbert tree, Giant filbert, Purple-leaf hazel

EDIBLE PARTS AND USES

Edible parts: Nuts, Seeds

The nuts are eaten raw. They are also used in nut milk, nut butter, cakes, pies and bread.
The leaves are used for sarma in Turkey. They are rolled around a filling of rice or minced meat.

DESCRIPTION

It is a large shrub or tree. It grows 9 m tall. It can spread to 4.5 m wide. The leaves are large and heart shaped. They are mid green. The young twigs have sticky hairs. There is a much longer, tubular husk enclosing the nut. The brown nuts are large and egg shaped. Corylus maxima and Corylus avellana often form hybrids.

HABITAT

It is a temperate and Mediterranean climate plant. It is best in deep, well-drained soil. It needs a protected, sunny position. It is resistant to frost but damaged by drought. It suits hardiness zones 5-9.

PRODUCTION

Cultivation

It can be grown by tip layers or by suckers.

NOTES

There are about 15 Corylus species.

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