PLANT FACT SHEET

Eclipta erecta DC.

GENUS *Eclipta* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are occasionally eaten as a pot-herb.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 20-30 cm tall. The leaves are opposite and narrowly oval. They are 2-5 cm long by 0.5-2 cm wide.

HABITAT

It is a subtropical plant. In Argentina it grows below 500 m above sea level.

NOTES

There are 4 Eclipta species.
Eclipta erecta L. is a synonym of Eclipta prostrata (L.) L. - with many other synonyms;
Ecliptica erecta DC. is an accepted name.

REFERENCES

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 285
Mant. pl. 2:902. 1753

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