PLANT FACT SHEET

Vallisneria spiralis Linnaeus

GENUS *Vallisneria* **FAMILY** Hydrocharitaceae

COMMON NAMES Eel grass, Tape-grass, Wild celery

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The young leaves are eaten in salads.

DESCRIPTION

A plant which grows under water. The leaves are like ribbons. They grow in rings. They are 20-80 cm long by 0.5-1.3 cm wide. The leaf veins run parallel along the leaf. There are small dents near the leaf tip. Male and female plants are separate. The flower stalk forms spirals. The male flowers break off and swim to the surface to release their pollen. The spiral flower stalk contracts and the seeds ripen below water level. It has many different growth forms.

HABITAT

It is a tropical plant. It will grow in the subtropics. It is grown in aquaria. It grows in still and flowing water.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3e4a044a-b160-4ad6-ace8-52c9238f172e