PLANT FACT SHEET

Viola japonica Langsdorf ex Ging.

GENUS *Viola* **FAMILY** Violaceae

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Root

The roots are chopped and mixed with yam starch to make a soup.

DESCRIPTION

A herb. It keeps growing from year to year. It does not have a stem but forms a ring. It has a short rhizome. There are many leaves at the base. They are triangle shaped or oval and 3-8 cm long by 4-5 cm wide.

HABITAT

It is a temperate plant. It can grow in sunny places of lightly shaded places in the lowlands below 1,100 m above sea level. In Sichuan.

NOTES

There are about 500 Viola species.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3e526bb4-15d1-40e7-b9cd-878cbe97d65c