PLANT FACT SHEET

Filipendula multijuga Maxim.

GENUS *Filipendula* **FAMILY** Rosaceae

COMMON NAMES Meadowsweet

EDIBLE PARTS AND USES

Edible parts: Leaves

The young tips are boiled and then used for salads, soups or baked.

DESCRIPTION

A herb. It grows 1.2 m tall. The leaves are palm shaped. The flowers are fluffy and pink.

HABITAT

It is a temperate plant. It suits a moist slightly shady location. It suits USDA hardiness zones 5-9.

NOTES

There are about 10 Filipendula species.

REFERENCES

Mansfield

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3e7551ec-91c6-4356-8849-8d511a203898