PLANT FACT SHEET

Selaginella wallichii (Hook. & Grev.) Spring

GENUS *Selaginella* **FAMILY** Selaginellaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Fronds

The young tender leaves or fronds are cooked and eaten as a vegetable.

DESCRIPTION

A fern. It grows in soil and keeps growing from year to year. It is erect and 40-70 cm tall. It has creeping underground rhizomes and stolons. The main stem is branched with branches along the stem. There are 4-8 pairs of leafy branches. The leaves on the main stem are larger than on the branches.

HABITAT

It is a subtropical plant. It grows in shaded places in forests. It grows between 100-1,500 m above sea level in south China. In Yunnan.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3e89ddcf-fa2f-49d7-980f-d987a63624f0