PLANT FACT SHEET

Plantago serraria L.

GENUS *Plantago* **FAMILY** Plantaginaceae

COMMON NAMES Toothed plantain

EDIBLE PARTS AND USES

Edible parts: Leaves, Shoots

The young leaves are boiled, drained and browned in garlic and oil with bread crumbs and vinegar added then eaten.

DESCRIPTION

A herb. The leaves are lon and narrow with long teeth along the edges.

HABITAT

It is a subtropical plant.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3e8fe531-6cd6-488f-a997-71da58bd2d3f