PLANT FACT SHEET

Ostrya carpinifolia Scop.

GENUS *Ostrya* **FAMILY** Betulaceae

COMMON NAMES Hop hornbeam

EDIBLE PARTS AND USES

Edible parts: Flowers

The flowers are crushed and used when making bread.

DESCRIPTION

A tree. It can grow 24 m tall. The bark is rough and scaly. The leaves are 3-10 cm long and have double teeth. The male and female flowers are separate and in groups 2-4 cm long. The fruit are in clusters that hang down. These are 3-8 cm long.

HABITAT

It is a temperate plant.

REFERENCES

Redzic, S. & Ferrier, J., 2014, The Use of Wild Plants for Human Nutrition During a War: Eastern Bosnia (Western Balkans). Chapter 9 in A. Pieroni, C. L. Quave (eds.), Ethnobotany and Biocultural Diversities in the Balkans,Springer Science

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3e90561d-ead7-4f58-9941-7d582f232f91