PLANT FACT SHEET

Campanula edulis Forssk.

GENUS *Campanula* **FAMILY** Campanulaceae

COMMON NAMES Bellflower

EDIBLE PARTS AND USES

Edible parts: Root

The root is eaten.

DESCRIPTION

A herb. It keeps growing from year to year. The stems can be 70 cm long. The leaves do not have leaf stalks. They are oval to sword shaped and 1-5 cm long by 1 cm wide. The flowering clumps are loose and leafy. The fruit is a nodding capsule.

HABITAT

It is a Mediterranean climate plant. In Somalia it grows between 1,450-2,025 m above sea level.

NOTES

There are about 300 Campanula species.

REFERENCES

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Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3ec263f2-0a2f-4bf0-9e5d-e0f2bce15f9c