PLANT FACT SHEET

# *Brassica juncea var. tumida* N. Tsen & S.N. Lee

**GENUS** *Brassica* **FAMILY** Brassicaceae

**COMMON NAMES** Big-stem mustard, Sichuan preserved vegetable, Swollen-stem mustard, Za-tsai

## EDIBLE PARTS AND USES

**Edible parts:** Flowers, Leaves, Oil, Stem, Vegetable

The stem is trimmed then washed, halved, withered slightly and preserved with salt, cayenne pepper and zanthoxylum pericarps under pressure then marketed.

## DESCRIPTION

A cabbage family herb. It grows each year from seed. The taproots are slender and cylinder shaped. The leaves at the base are fleshy and the leaf stalk is inflated. The leaves are 40-80 cm long.

## HABITAT

It is a subtropical plant. In Sichuan and Yunnan.

## NOTES

There are about 30 Brassica species and many cultivated varieties.

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