PLANT FACT SHEET

Apteranthes tuberculata (N.E.Br.) Meve & Liede;

GENUS *Apteranthes* **FAMILY** Apocynaceae

COMMON NAMES Chongan

EDIBLE PARTS AND USES

Edible parts: Vegetable, Leaves, Stems

It is eaten raw or cooked as a vegetable. The stems are rubbed with salt and then added to dishes. The young stem is eaten fresh. It is bitter.

DESCRIPTION

A herb with a succulent stem. It is angular. It grows 15 cm tall. The branches are 8-13 mm wide. The flowers are in groups at the end. They are dark purple and deeply divided. The fruit are dry with many seeds. They are 8-10 cm long. They taper towards the tip.

HABITAT

It is a temperate plant. It grows above 1,000 m above sea level in Baluchistan in Pakistan. It can grow in deserts and dry areas.

NOTES

There are about 56-100 Caralluma species. These are sometimes put in the Asclepiadaceae.

It is considered to have medicinal properties.

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