PLANT FACT SHEET

Dryopteris juxtaposita H. Christ

GENUS *Dryopteris* **FAMILY** Dryopteridaceae

EDIBLE PARTS AND USES

Edible parts: Fronds, Leaves

DESCRIPTION

A fern. It is a herb. It grows 50-100 cm tall.

HABITAT

It is a tropical plant. In southern China it grows in valleys and along rivers between 1,500-2,500 m above sea level.

REFERENCES

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Sher, H. et al, 2011, Ethnobotanical and Economic Observations of Some Plant Resources from the Northern Parts of Pakistan. Ethnobotany research & Applications 9:027-041

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3f6bebfe-20b9-46fd-ab13-e033d4010b82