PLANT FACT SHEET

Typha capensis (Rohrb.) N. E.Br.

GENUS *Typha* **FAMILY** Typhaceae

COMMON NAMES Bullrush, Reedmace

EDIBLE PARTS AND USES

Edible parts: Shoots, Rhizomes, Root, Flowers, Stems

The roots and young shoots are eaten. The rhizomes are dried and the husks removed then crushed to release the starch which is cooked and eaten.

DESCRIPTION

A herb. The leaves are soft and dark green. The leaves are 1 m above the water and a few cm wide. The stems are taller than the leaves. They can be 2 m above the water. The flowers are on spikes at the ends of the stalks. Male flowers are light brown. Female flowers are dark brown. The fruit are very small and have one seed and many hairs.

HABITAT

It is a subtropical plant. It grows in water. It grows along streams and on the edges of dams

PRODUCTION

Cultivation

Plants can be grown by dividing the large clumps.

Harvesting and Seed Production

It is fast growing and spreads by rhizomes.

NOTES

There are 10 Typha species.

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