PLANT FACT SHEET

Convolvulus althaeoides L.

GENUS *Convolvulus* **FAMILY** Convolvulaceae

COMMON NAMES Bindweed

EDIBLE PARTS AND USES

Edible parts: Flowers

The flowers are eaten raw.

DESCRIPTION

A vine that keeps growing from year to year. It grows 1 m high. The stem is slender and woody. The leaves have deep lobes arranged like fingers on a hand. They are hairy. The flowers are funnel shaped and pink. They have 5 petals.

HABITAT

It will grow in most soils. It needs an open sunny position. It is resistant to frost and drought.

PRODUCTION

Cultivation

Plants are grown by seeds.

REFERENCES

Benitez, G., et al, 2023, Wild Edible Plants of Andalusia: Traditional Uses and Potential of Eating Wild in a Highly Diverse Region. Plants 2023, 12, 1218 p 17

Bodkin, F., 1991, Encyclopedia Botanica. Cornstalk publishing, p 278

Della, A., et al, 2006, An ethnobotanical survey of wild edible plants of Paphos and Larnaca countryside of Cyprus. J. Ethnobiol. Ethnomed. 2:34

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3fba4bf0-c7e8-4cdf-9e00-1dcb8c936bb1