PLANT FACT SHEET

Cirsium acaulon (L.) Scop.

GENUS *Cirsium* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: flower

The fresh flower receptacle is eaten as a snack.

DESCRIPTION

A herb. It is a thistle.

HABITAT

It is a Mediterranean climateplant.

REFERENCES

Motti, R., et al, 2022, Edible Flowers Used in Some Countries of the Mediterranean Basin: An Ethnobotanical Overview. Plants. 2022, 11, 3272 (As Cirsium acaule Scop.)

Pieroni, A.,& Giusti, M. E., 2009, Alpine Ethnobotany in Italy: Journal of Ethnobiology and Ethnomedicine. 5:32 (As Cirsium acaule Scop.)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3fdd3ca3-310c-4ec9-9378-070f3fd5a800