PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Cladonia stellaris (Opiz) Pouzar & Vazda

GENUS *Cladonia* **FAMILY** Cladoniaceae

COMMON NAMES Star-tipped cup lichen

EDIBLE PARTS AND USES

Edible parts: Plant, Lichen

DESCRIPTION

A lichen. It forms mats over the ground in Arctic regions. It looks like a shrub.

HABITAT

It is a temperate plant.

REFERENCES

Tozer, F., 2007, The Uses of Wild Plants. Green Man Publishing. p 69

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3fe32cc0-1c96-4c3d-9dfd-1f2778203ffa