PLANT FACT SHEET

# *Cionosicyos macranthus* (Pittier) C. Jeffrey

**GENUS** *Cionosicyos* **FAMILY** Cucurbitaceae

**COMMON NAMES** Chinese passion fruit

## EDIBLE PARTS AND USES

**Edible parts:** Fruit

## DESCRIPTION

A creeper. The leaves are simple and alternate. The leaf blades are 7-15 cm long by 6-14 cm wide. They are oval with 3-5 lobes. The flowers occur singly and are of one sex. The fruit are 3-6 cm long by 3-5 cm wide. They are yellow or pale green. The seeds are black.

## HABITAT

It is a tropical plant. It grows from sea level to 1,000 m altitude.

## PRODUCTION

### Cultivation

It can be grown from seeds.

## REFERENCES


Chizmar Fernandez, C., et al, 2009, Plantas comestibles de Centroamerica. Instituto de Biodiversidad, Costa Rica. p 153

Hellmuth, N. M., 2011, Maya Ethnobotany. Complete Inventory of plants. Associacion FLAAR Mesoamerica. Tenth edition.

Murilla, E., et al, 2010, Screening of vegetables and fruits from Panama for rich sources of lutein and zeaxanthin. Food Chemistry 122: 167-172



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