PLANT FACT SHEET

# *Withania frutescens* (L.) Pauquy

**GENUS** *Withania* **FAMILY** Solanaceae

## EDIBLE PARTS AND USES

**Edible parts:** Fruit, Roots - spice

The fruit are eaten fresh.
The roots are dried and used as a spice.

## DESCRIPTION

A shrub. The flowers have an inflated case that develops to surround the berry.

## HABITAT

It is a Mediterranean climate plant.

## REFERENCES


Nassif, F., & Tanji, A., 2013, Gathered food plants in Morocco: The long forgotten species in Ethnobotanical Research. Life Science Leaflets 3:17-54

Samuels, J., 2015, Biodiversity of Food Species of the Solanaceae Family: A Preliminary Taxonomic Inventory of Subfamily Solanoideae. Resources 2015, 4. 277-322

Tbatou, M, et al, 2016, Wild Edible Plants traditionally used in the countryside of El Jadida, Coastal Area in the Center of Morocco. Life Sciences Leaflets 75:28-48



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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/407c1166-c6fe-40d5-b9de-aec55647886b