PLANT FACT SHEET

Helichrysum plicatum subsp. polyphyllum (Ledeb.) P. H. Davis & Kupicha

GENUS *Helichrysum* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Flowers - tea

The flower heads are used for tea.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Dogan, A. & Tuzlaci, E., 2015, Wild Edible Plants of Pertek (Tunceli-Turkey). Marmara Pharmaceutical Journal 19: 126-135

Senkardes, I., et al, 2019, An Ethnobotanical Analysis on Wild Edible Plants of the Turkish Asteraceae Taxa. Agric. conspec. sci. Vol. 84 No. 1 (17-28)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/40b0bc2c-7ef8-4da4-88cf-38edce7002f1