PLANT FACT SHEET

Cirsium pubigerum var. spinosum Petr.

GENUS *Cirsium* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Stems, Leaves

The stems are eaten fresh.

DESCRIPTION

A herb. It is a thistle.

HABITAT

It is a temperate plant.

REFERENCES

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

Mukemre, M., et al, 2016, Survey of wild food plants for human consumption in villages of Catak, (Van-Turkey), Indian Journal of Traditional Knowledge. Vol. 15(2) pp. 183-191

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/40b3ce93-428c-409f-8906-0ef37f1b83b3