PLANT FACT SHEET

Eriogonum atrorubens Engelm

GENUS *Eriogonum* **FAMILY** Polygonaceae

COMMON NAMES Red Wild Buckwheat

EDIBLE PARTS AND USES

Edible parts: Root

The root is chewed.

DESCRIPTION

A herb, It grows 50-100 cm tall. It has a taproot. The leaves at the base have a stalk 3-8 cm long.

HABITAT

It is a subtropical plant. It grows between 1,800-2,000 m above sea level.

NOTES

There are 150 Eriogonum species.
The root is used as medicine.

REFERENCES

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/40b7eba3-038f-49db-bd44-6b382825d714