PLANT FACT SHEET

Cyathea aspera (L.) Sw.

GENUS *Cyathea* **FAMILY** Cyatheaceae

EDIBLE PARTS AND USES

Edible parts: Stems - starch

DESCRIPTION

A tree fern.

HABITAT

It is a subtropical plant.

REFERENCES

Li, S., et al, 2020, Monpa, memory, and change: an ethnobotanical study of plant use in Mêdog County, South-east Tibet, China. Journal of Ethnobiology and Ethnomedicine. (2020) 16:5 p 17 (As Alsophila articulata)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/40d6a400-76f4-47b5-9370-6683004ea5a0