PLANT FACT SHEET

Eleutherococcus nodiflorus (Dunn.) W. W. Sm.

GENUS *Eleutherococcus* **FAMILY** Araliaceae

EDIBLE PARTS AND USES

Edible parts: Flowers

Flowers edible and used in wine making.

DESCRIPTION

A shrub. It loses its leaves during the year. It grows 3 m high. It can be a climber. The branches are slender and can hang down. There are a few short prickles. The leaves have 5 leaflets that are broadly sword shaped and 3-8 cm long by 2-5 cm wide. The flowers are in groups in the axils of leaves on short shoots. The fruit are round and black and 6 mm across.

HABITAT

It is a temperate plant. It can grow in a range of soils and also in poor soils. It can tolerate light shade. It is best in moist soils. It suits hardiness zone 6. In XTBG Yunnan. In Sichuan.

NOTES

There are about 20 Acanthopanax species. They are deciduous trees from temperate Asia. It is used in medicine.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Altschul, S.V.R., 1973, Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria. Harvard Univ. Press. Massachusetts. no. 3117 (As Acanthopanax gracilistylus)

Kang, Y., et al, 2012, Wild food plants and wild edible fungi in two valleys on the Qinling Mountains (Shaanxi, central China) Journal of Ethnobiology and Ethnomedicine; 9:26 (As Acanthopanax gracistylus)

Kunke,

Notes Roy. Bot. Gard. Edinburgh 10(46):6. 1917

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.pfaf.org (As Eleutherococcus gracylistylus)

Toensmeier, E. & Klof, E., 2022, Trees with Edible Leaves. A Global Manual. Perennial Agriculture Institute. p 28

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/40f5f881-c9a3-42cf-a1e4-342bbc060a66