PLANT FACT SHEET

Tessaria integrifolia Ruiz & Pav.

GENUS *Tessaria* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Bark

DESCRIPTION

A tree. It grows 3-10 m tall. The leaves are alternate.

HABITAT

It is a temperate plant. In Argentina it grows from sea level to 1,500 m above sea level.

REFERENCES

Scarpa, G. F., 2009, Wild food plants used by the indigenous peoples of South American Gran Chaco: A general synopsis and intercultural comparison. Journal of Applied Botany and Food Quality 83:90-101

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/41019d0b-b76f-4ceb-9dce-ecc3e64abb8e