PLANT FACT SHEET

Arenga micrantha C. F. Wei

GENUS *Arenga* **FAMILY** Arecaceae

EDIBLE PARTS AND USES

Edible parts: Palm heart, Cabbage

The stem is pounded into flour and then cooked and eaten.

DESCRIPTION

A palm. It has a single stem 2-8 m tall. The leaf stalks are 1 m long. The leaves are 2 m long with many leaflets along each side. The middle ones are 30-36 cm long by 3-4 cm wide. The flowering shoots are 980-100 cm long.

HABITAT

It is a tropical plant.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4117d713-3ebe-4d38-8a3f-c1adce0b4f43