PLANT FACT SHEET

Pluchea sericea (Nutt.) Coville

GENUS *Pluchea* **FAMILY** Asteraceae

COMMON NAMES Arrow weed

EDIBLE PARTS AND USES

Edible parts: Roots

The roots are roasted and eaten.

DESCRIPTION

A shrub. It has a rhizome. It grows 3 m tall. The leaves are greyish-green and narrow. They have flattened hairs. The flowers are pink to red. The flowers are in clusters at the ends of the stem.

HABITAT

It is a temperate plant. It grows near watercourses in the desert. It grows from sea level to 900 m above sea level.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 419

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/41270dd9-3255-428d-8d0f-25b8fbb72ac4