PLANT FACT SHEET

Ilex confertiflora Merr.

GENUS *Ilex* **FAMILY** Aquifoliaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

DESCRIPTION

A shrub. It grows 3.5 m tall. The leaves are alternate and oval with a tip at the end. They are about 10 cm long by 3-4 cm wide.

HABITAT

It is a subtropical plant.

REFERENCES

Liu, S., et al, 2023, Wild edible plants and their cultural significance among the Zhuang ethnic group in Fangchenggang, Guangxi, China. Journal of Ethnobiology and Ethnomedicine. 19:5

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/41323cec-2751-44f9-a38d-82c1bf71e643