PLANT FACT SHEET

Coptis trifolia subsp. groenlandica (Oeder) Hulten

GENUS *Coptis* **FAMILY** Ranunculaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten and also used to flavour sassafras-root bark beer.

DESCRIPTION

A herb. It grows 20 cm tall and spreads 50 cm wide.

Probably now Coptis trifolia (L.) Salisb.

HABITAT

It is a temperate plant. It suits USDA hardiness zone 2.

REFERENCES

Ferns, Plants for a Future.
Jackes, D. A., Edible Forest Gardens

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4135b00c-c815-4dd3-910d-34636ef07587