PLANT FACT SHEET

Woodwardia fimbriata Sm.

GENUS *Woodwardia* **FAMILY** Blechnaceae

COMMON NAMES Giant chain fern

EDIBLE PARTS AND USES

Edible parts: Stem

DESCRIPTION

A fern.

HABITAT

It is a temperate plant.

REFERENCES

Gautam, R. S., et al, 2022, Ethnobotanical Review of Wild Edible Plants of Nepal. Journal of Natural History Museum Volume 32, 2021-22 p 108

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/41b0ad97-f908-4c02-a2ea-c2bf15bb119c