PLANT FACT SHEET

Physalis lanceolata Michx.

GENUS *Physalis* **FAMILY** Solanaceae

COMMON NAMES Lanceleaf Groundcherry

EDIBLE PARTS AND USES

Edible parts: Fruit

The small young green seed-pods or buds are cooked with meat.
The berries are eaten.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

NOTES

There are about 75-100 Physalis species.

REFERENCES

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Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 395

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/41b1385c-7b76-4ae3-8841-16a3a33aac54