PLANT FACT SHEET

Sideritis clandestina (Bory & Chaub.) Hayek

GENUS *Sideritis* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - tea, Medicine

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/41b280b2-ed86-43c4-a5b6-cbb5860a54a6