PLANT FACT SHEET

Argyreia capitiformis (Poir.) Ooststr.

GENUS *Argyreia* **FAMILY** Convolvulaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are eaten as a vegetable.

DESCRIPTION

A herb.

HABITAT

It is a tropical plant. It sits the wet tropics.

NOTES

There are 90 Argyreia species.

REFERENCES

Ambasta S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 52 (As Argyreia strigosa)

Rahangdale, D. R. & Rahangdale, S.S., 2014, Potential Wild Edible Plant Resources from Maharashtra: Future Prospects for their Conservation and Improvement. Life Sciences Leaflets ISSN 0976-1098 (As Argyreia strigosa)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/41b88c0d-4520-473e-a01e-a18572c60c92