PLANT FACT SHEET

Indigofera astragalina DC.

GENUS *Indigofera* **FAMILY** Fabaceae

COMMON NAMES Hairy Indigo, Silky indigo

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The seeds are pounded with rice and eaten as a cake.

DESCRIPTION

An erect herb. It grows 40-70 cm tall. It is hairy. The stems are soft. The leaves are compound with leaflets along the stalk. There are 5-13 leaflets. These can be 2-5 cm long. The flowers are small and reddish or purple. They are in groups 2-10 cm long.

HABITAT

It is a tropical plant. It grows in areas with a rainfall between 650-800 mm per year and a temperature between 21°-32° C.

PRODUCTION

Harvesting and Seed Production

In India seeds are produced May to December.

REFERENCES

Gafar, M. K. & Itodo, I. A. U., 2011, Proximate and Mineral Composition of Hairy Indigo Leaves. Electronic Journal or Environmental, Agricultural and Food Chemistry. 10(3): 2007-2018

Misra S. & Misra M., 2016, Ethnobotanical and Nutritional Evaluation of Some Edible Fruit Plants of Southern Odisha, India. International Journal of Advances in Agricultural Science and Technology, Vol.3 Issue.1, March- 2016, pg. 1-30

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/41c7ae4d-f704-4f8e-9cd7-9c012191da26