PLANT FACT SHEET

Gymnosphaera andersonii (Schott. ex Bedd.) Ching & S. K. Wu

GENUS *Gymnosphaera* **FAMILY** Cyatheaceae

EDIBLE PARTS AND USES

Edible parts: stem - starch

The dried stem starch is ground and used as a substitute of wheat.

DESCRIPTION

A tree fern. It grows 6-10 m tall. The fronds are 2-3 m long and have leaflets divided 2 or 3 times.

HABITAT

It is a subtropical plant. In northeastern India it grows in moist valleys between 300-1,200 m above sea level.

REFERENCES

Doni, T., & Gajurel P. R., 2020, Diversity of wild edible plants traditionally used by the Galo tribe of Indian Eastern Himalayan state of Arunachal Pradesh. Plant Science Today. 2020;7(4):523–533. (As Cyathea andersonii)

Srivastava, R. C., 2009, Traditional knowledge of Adi tribe of Arunachal Pradesh on plants. Indian Journal of Traditional Knowledge. 8(2): 146-153 (As Cyathea andersonii)

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