PLANT FACT SHEET

Fallopia baldschuanica (Regel) Holub

GENUS *Fallopia* **FAMILY** Polygonaceae

COMMON NAMES Bukhara fleeceflower, Russian vine

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used as a vegetable with a meat stuffing in them.

DESCRIPTION

A woody climbing plant. The leaves are heart shaped and dark green. They are 10 cm long. It loses its leaves during the year. The flowers are pink to white and occur in groups. The fruit are small and pink.

HABITAT

It is a temperate plant.

REFERENCES

Denes, A., et al, 2012, Wild plants used for food by Hungarian ethnic groups living in the Carpathian Basin. Acta Societatis Botanicorum Poloniae 81 (4): 381-396

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/41eba4ba-c0fe-421b-8875-e2cf14fe6770