PLANT FACT SHEET

Acanthophyllum cerastioides (D. Don) Madhani & Zarre

GENUS *Acanthophyllum* **FAMILY** Caryophyllaceae

COMMON NAMES Chickweed baby's breath, Mouse-ear gypsophila

EDIBLE PARTS AND USES

Edible parts: Leaves, Plant

The whole plant is used as a vegetable.

DESCRIPTION

A herb. It grows 10-27 cm tall. It forms mats 50 cm wide. The leaves are grey-green and 10 mm long. The flowers are in groups and are trumpet shaped and white. They have pink veins.

HABITAT

It is a temperate to subalpine plant.

PRODUCTION

Cultivation

Plants can be grown by seeds. They can also be grown by root cuttings.

REFERENCES

Murtem, G. & Chaudhrey, P., 2016, An ethnobotanical note on wild edible plants of Upper Eastern Himalaya, India. Brazilian Journal of Biological Sciences, 2016, v. 3, no. 5, p. 63-81. (As Gypsophila cerastioides)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/420d3234-538b-41e5-bbf2-d357ab61b83d