PLANT FACT SHEET

Psilotrichum sericeum (Roxb.) Dalzell

GENUS *Psilotrichum* **FAMILY** Amaranthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows each year from seed. It has several stems. It can grow 1 m tall. The leaves are heart shaped. The flowers are in a large open group.

HABITAT

It is a tropical plant.

REFERENCES

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Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 48

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/42164ddb-2779-4fee-bc44-e5ff50928d77