PLANT FACT SHEET

Alpinia arundelliana (F. M. Bailey) K. Schum.

GENUS *Alpinia* **FAMILY** Zingiberaceae

EDIBLE PARTS AND USES

Edible parts: Rhizomes, Leaves, Fruit, Seeds

The leaves are used to tenderise meat.

DESCRIPTION

A herb. It grows about 1-2 m tall. The leaves branch and clasp the stem. The flowers are white and tube shaped. The fruit is a round berry It is blue-black when ripe.

HABITAT

It is a tropical plant. It needs some shade. It grows in rainforest.

REFERENCES

Edible and Useful Native Plants (off internet)

Pearson, S. & A., 1992, Rainforest Plants of Eastern Australia. Kangaroo Press p 24

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/421f8b33-9dc9-485f-87fa-cd9dcafbca19