PLANT FACT SHEET

Amblyanthus glandulosus (Roxb.) A.DC.

GENUS *Amblyanthus* **FAMILY** Primulaceae

COMMON NAMES Jia herew

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The young leaves are cooked as a vegetable.

DESCRIPTION

The leaves taper to the tip and there are teeth along the edge.

HABITAT

It is a subtropical plant.

NOTES

Also put in the family Myrsinaceae.

REFERENCES

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Singh, B. et al, 2012, Wild edible plants used by Garo tribes of Nokrek Biosphere Reserve in Meghalaya, India. Indian Journal of Traditional Knowledge. 11(1) pp 166-171

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4228b0b1-9ab6-4ba5-90d5-66b7a820599e