PLANT FACT SHEET

Lamium garganicum L.

GENUS *Lamium* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Flowers

The flowers are eaten as a vegetable.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

Motti, R., et al, 2022, Edible Flowers Used in Some Countries of the Mediterranean Basin: An Ethnobotanical Overview. Plants. 2022, 11, 3272

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4249953d-7542-45e5-9cb8-56781d115fac