PLANT FACT SHEET

Suaeda linearis (Elliott) Moq.

GENUS *Suaeda* **FAMILY** Amaranthaceae

COMMON NAMES Annual Seepweed, Tall sea-blite

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The young leaves and tips are cooked and eaten. They are salty.

DESCRIPTION

A herb. It can grow 1 m tall and keep growing for a few years. It is succulent and pale green. The leaves are narrow and pointed and can be 3 angled. They are fleshy and 2-5 cm long. The flowers have 5 lobes. The fruit are round and the seeds are shiny and black. They are 1-1.5 mm wide.

HABITAT

It is a warm temperate plant. It grows on beaches and salt marshes.

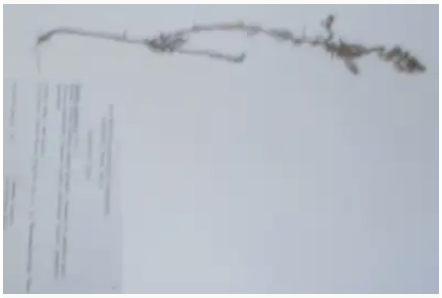
NOTES

Also put in the family Chenopodiaceae.

PICTURES



Credit: Food Plants International (Bruce French)



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REFERENCES

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/424b91ff-646b-4435-b732-402f579561da