PLANT FACT SHEET

Canarium zeylanicum (Retz.) Blume

GENUS *Canarium* **FAMILY** Burseraceae

COMMON NAMES Ceylon almond

EDIBLE PARTS AND USES

Edible parts: Seeds, Nuts, Oil

The seed oil is an edible oil.

DESCRIPTION

A large tree. It grows 30 m tall. There are buttresses at the base. The bark has a scent. The leaves have 13 pairs of leaflets. The blades are clasped at the base. The flowers are pale green or yellow. The fruit is 3-4 cm long. It is dark brown and oval. The seeds are hard. The kernel is edible.

HABITAT

A tropical plant. It grows in the rainforest.

PRODUCTION

Cultivation

Plants are grown from seeds.

NOTES

There are 80-95 Canarium species.
The oil is rich in antioxidants.

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